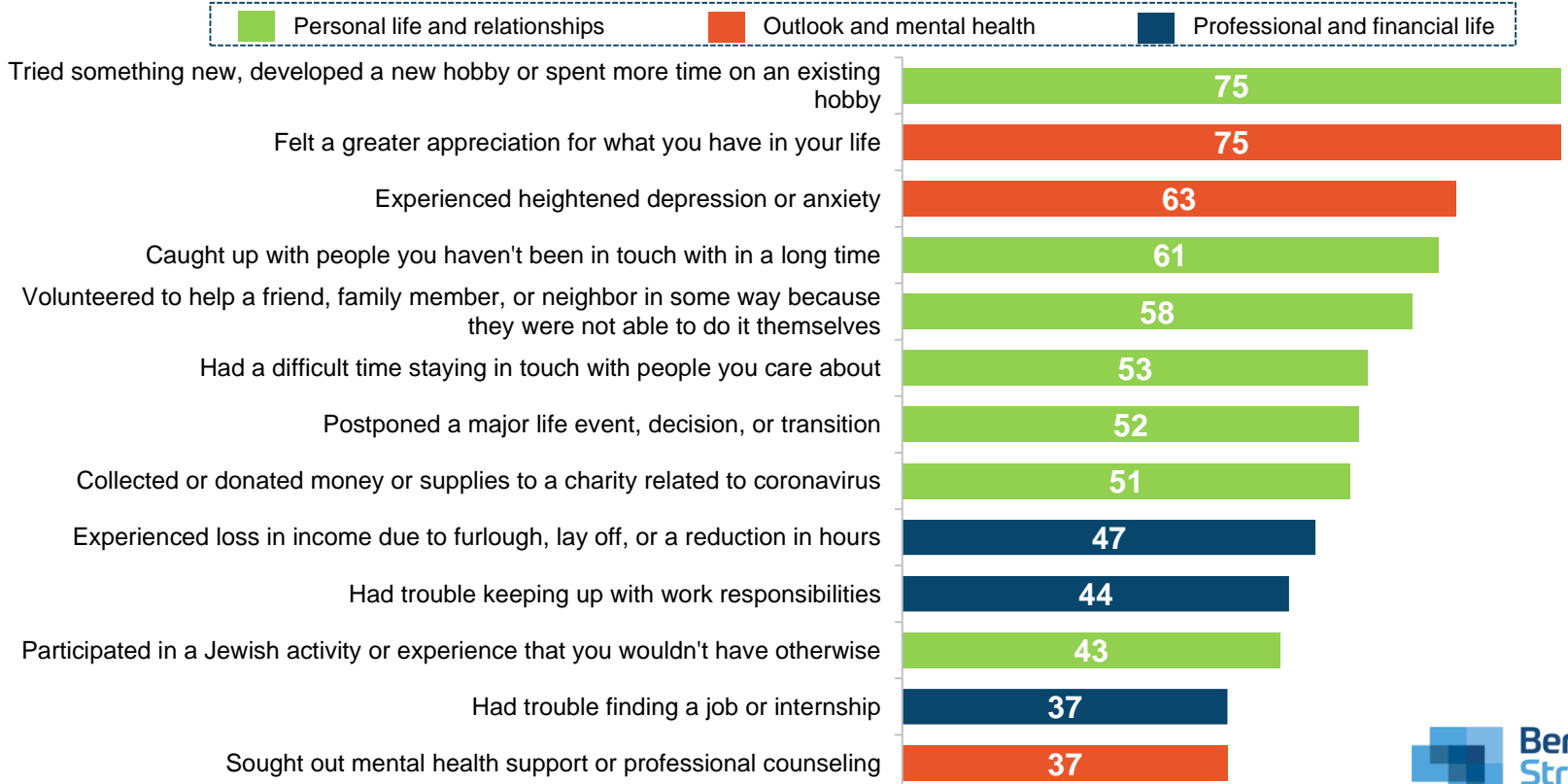


The coronavirus has affected all aspects of people's lives: personal lives and relationships, their mental health, and their professional and financial lives

The effects of the coronavirus on young Jews have been far-reaching—it has touched all aspects of their lives, in both positive and negative ways—including **negative mental-health effects** for more than half of the audience, and difficult professional and/or financial consequences for nearly half. These **negative impacts have fallen particularly hard on those 18-29 years old**, including 66% who say they have experienced heightened depression or anxiety and 46% who say they've had trouble finding a job.

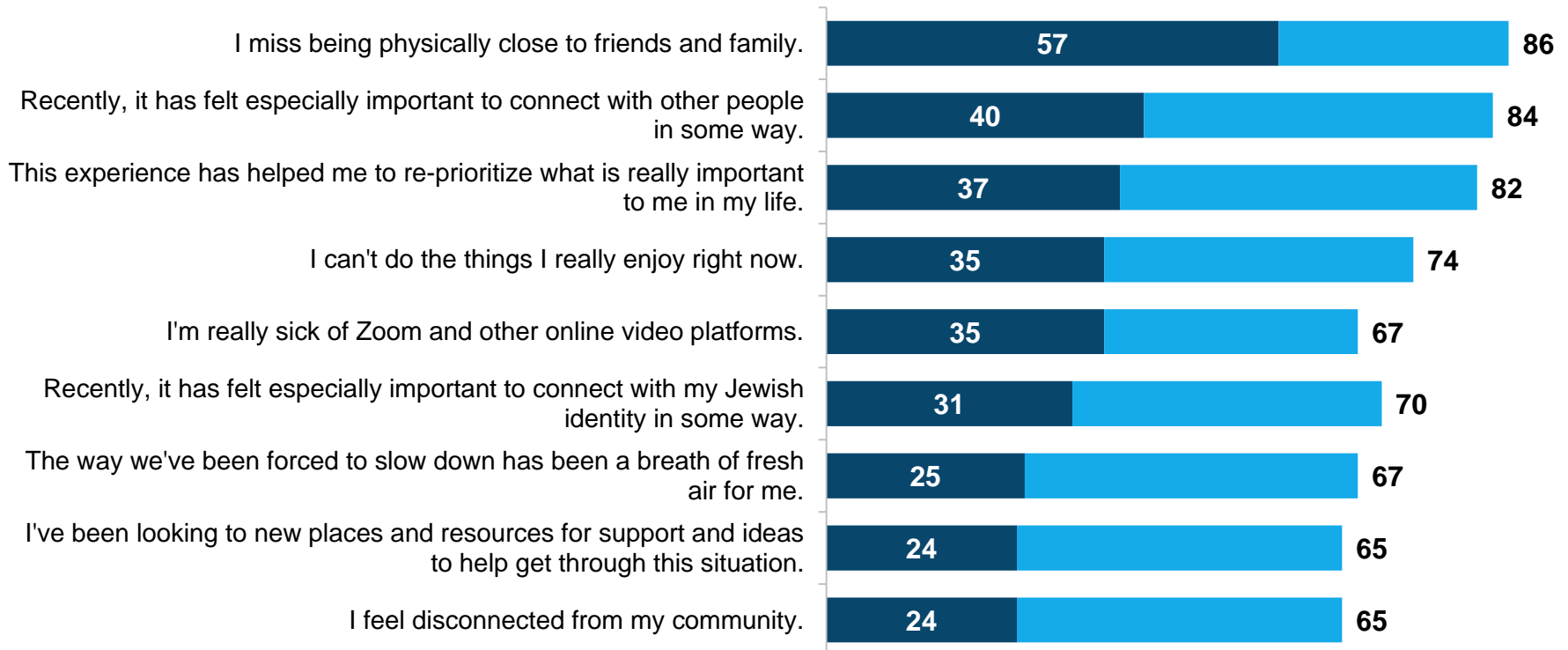
Have you experienced or done any of these things over the past few months because of the coronavirus?
% who say 'yes'



People are trying hard to stay connected—it's their top need and a top priority

In response, the top priority for young Jews is clearly to **connect with other people**. People are sick of Zoom and feel general fatigue around the pandemic, but they're still working hard to feel close to their friends and family, because that is what they have been missing the most. **Zoom fatigue is particularly acute among those under 30**, with 40% of 18-29 year olds saying they are really sick of Zoom and other online video platforms.

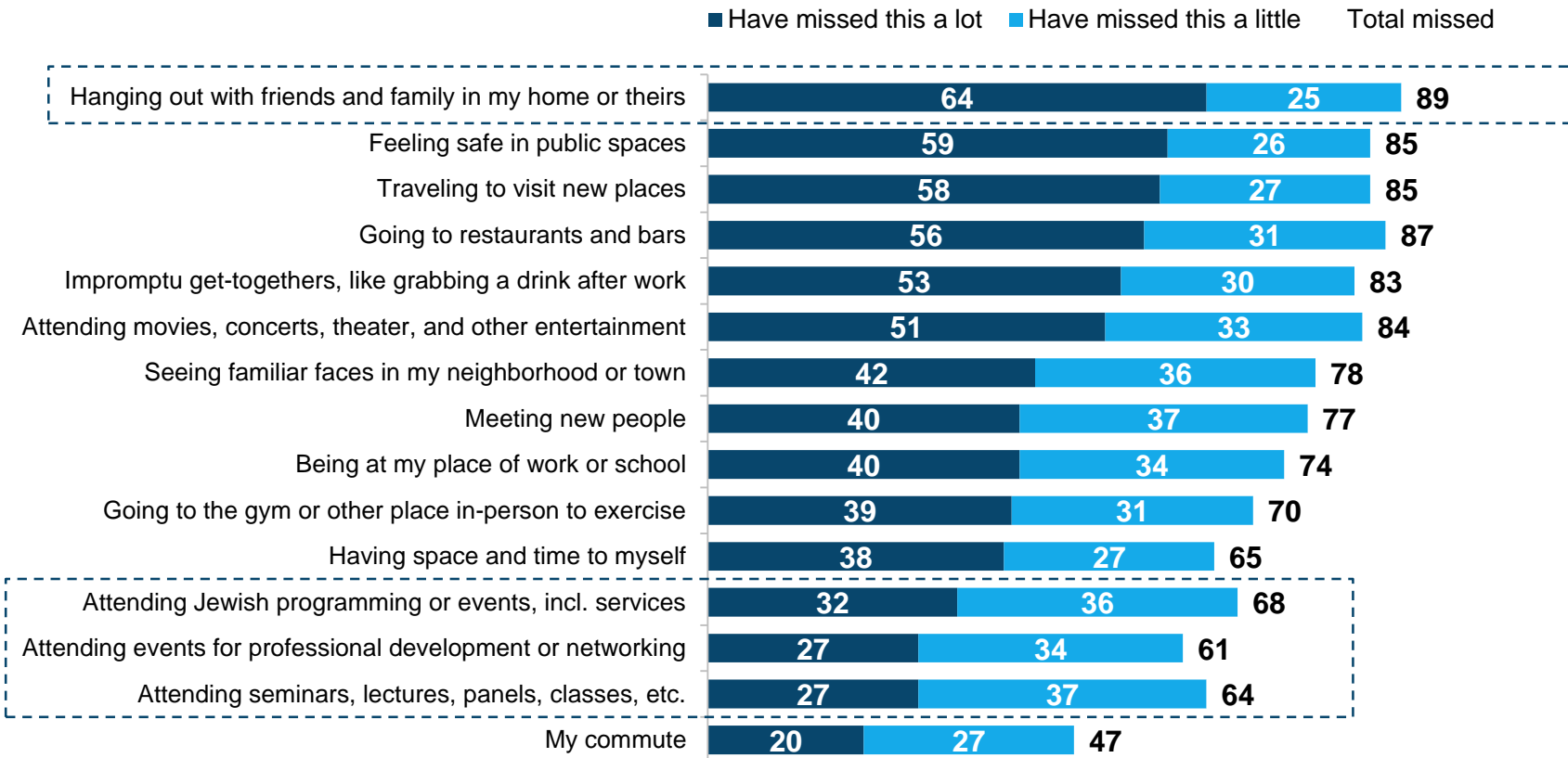
Coronavirus attitudes (% strongly agree / % total agree)



Being together with people is what is most missed, not being at events per se

That desire for connection comes through in what respondents said they have missed since the pandemic began, specifically around **being with friends, family, and other loved ones** in casual settings. When it comes to the events that Jewish organizations are offering, people **don't miss events for their own sake**—they miss **community and connection**, which those events can facilitate even in virtual settings if planned and executed thoughtfully.

Throughout the coronavirus pandemic, which of the following parts of in-person 'normal life' have you missed?

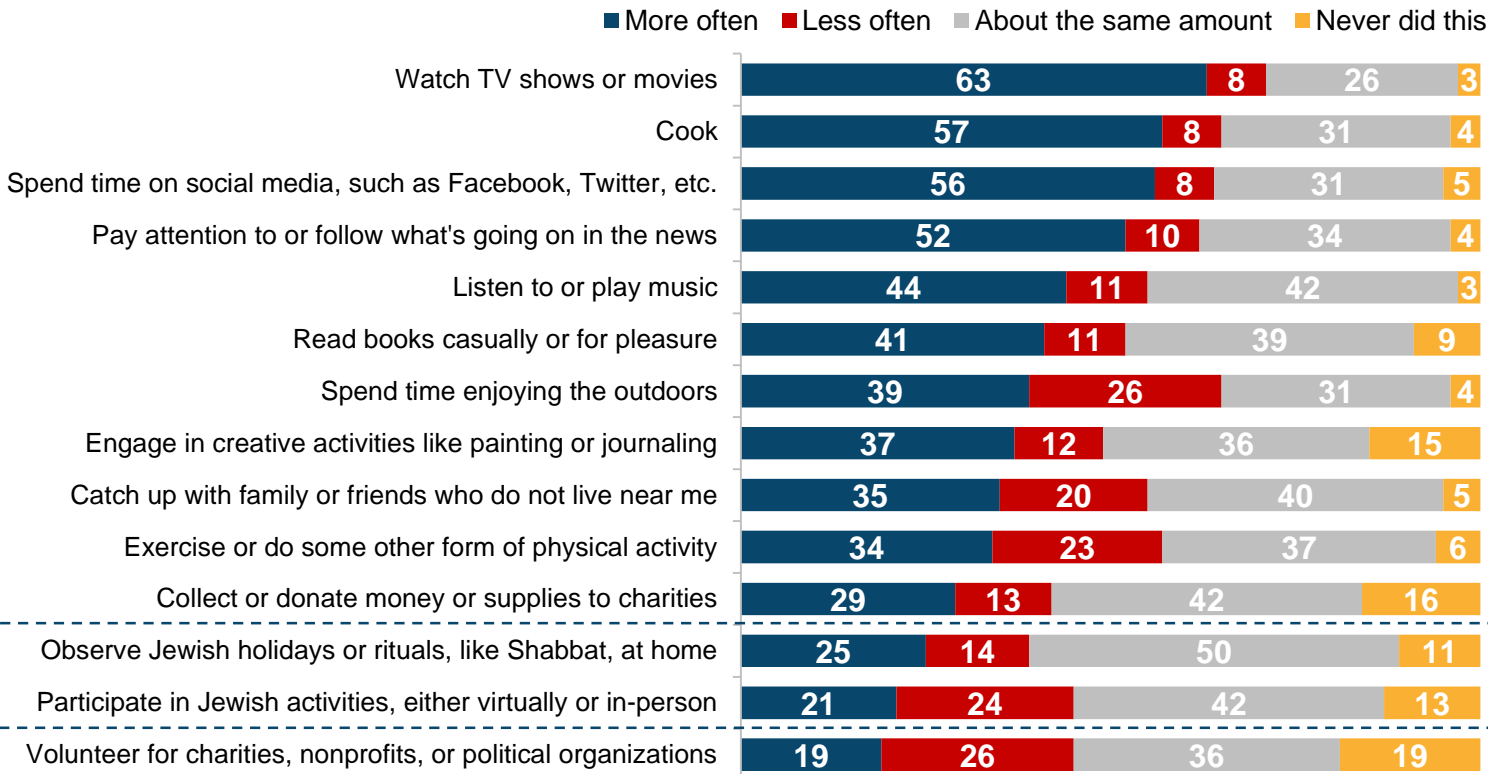


Note: Question text has been edited slightly for length

Organizations should look for ways to build on rewarding activities being done at home—cooking, reading, art, ritual—not just offer online programming

Young Jews are spending their time in a more casual way, in an at-home environment. They are spending significantly more time reading, cooking, and picking up art and creative hobbies; **organizations may be able to bring people fulfilling, meaningful programming that fits into these activities at home**, in addition to more standard live online programming in front of a computer screen. By building programming around things young Jews are doing already, organizations offer a chance to **connect with others around things they find fulfilling** rather than asking them to fit something new into their life.

The virus's impact on behavior: Things people are doing more, less, or about the same of since pandemic began



Young Jews are doing more at-home ritual and less Jewish activities. 10% are doing ritual for the first time, 8% Jewish activities for the first time

Note: Question text has been edited slightly for clarity